

COURSE SUPPORT SENIOR IN DIGITAL ERA Masterclass MC2



Co-funded by
the European Union



SiDE
Seniors in Digital Era



COURSE SUPPORT - SENIOR IN THE DIGITAL

ERA

Masterclass: **Familiarisation with the online environment and specific utilities**

(research, communication, commerce, administration and lifestyle)



Project Erasmus +: „Senior in Digital Era”

Proiect nr. 2021-2-RO01-KA210-ADU-000048477

Parteners

- DIGITAL KOMPASS srl – București, România
- Organization for Promotion of European Issues (O.P.E.I.) – Paphos, Cipru

This project (project no. 2021-2-RO01-KA210-ADU-000048477) was funded with support from the European Commission. This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Content

PART 1.....	4
Chapter 1. Summary of information.....	4
1.1. Contact with the phone (locking, unlocking, closing, opening).....	4
1.2. Main keys (writing text in messages) & search for applications of interest.	5
1.3. Connecting to wi-fi and mobile data.....	6
Chapter 2. Additional information about the online environment.....	7
Chapter 3. Aspects to take into account.....	9
PART 2.....	10
Chapter 1: The World at a Touch Away - Practical Application for Seniors.....	10
1.1. Smrtphone - no secrets.....	10
1.2. Intenet for all.....	10

PART 1

Chapter 1. Summary of information

1.1. Contact with the phone (locking, unlocking, locking, unlocking)

Mobile device is the general name for smartphones and tablets - smaller, portable computers that are easier to carry around. Most mobile devices have front and rear cameras. These are used for taking photos and videos, as well as making video phone calls.

Trainers app

To capture the interest of the seniors the trainers will use the youtube app and play music of the seniors' choice.

Seniors app

Trainers will unlock their phones and lock it in place. Seniors will be invited to do the same under the supervision of trainers.

1.2. Main keys (writing text in messages) & searching for applications of interest

The ability to use the keyboard is essential as it allows you to write messages and search for information of interest on the internet. Key components for using the keyboard:

- SHIFT - this button helps to change lower case letters to upper case letters

- SPACEBAR - the largest button on the keyboard - adds space between characters
- BACKSPACE - this is used to erase typed text
- ENTER - start a new line of text.

Text-messenger app

Trainers will review where to find the messenger and write a simple message: Hi! How are you?. Further seniors will be invited to do this as well. It is very important that they identify where the application they need is and easily write the quoted text.

In order to search for information on the internet, to communicate in writing with relatives, it is very important that seniors learn to write and search for the applications they need.

Photo app

Additional trainers will take a photo of each other and a selfie. Seniors will be invited to practice this. In the last phase seniors will be taught where to find these photos (in the Gallery area).

Seniors will be explained that they can send pictures of their loved ones, they can receive and find them in the gallery, they can also take pictures of various things they can share with people (recipes, bills, food).

1.3. Connecting to wi-fi and mobile data

The Internet is the friend of our century. For this we use:

- WI-FI:

When we hear the word Wi-Fi we link it to the word internet. You can use an available Wi-Fi connection, either private or public.

➤ MOBILE DATA

Mobile data - means the mobile data of the phone. When we hear this we think of the internet. Mobile phone internet. You can use your phone's internet, to access the internet. You can make a phone call, you can get on the internet.

Application

Trainers will explain how to connect to wifi , mobile data and access the internet. Additional will also encourage seniors to practice this under the supervision of the trainers.

Chapter 2. Additional information about the online environment

Browsing - is the term used for accessing the internet and searching for different areas of interest to you - searching and filtering data, information and digital content (formulating information needs, searching for data, information and content in digital media, accessing and navigating within them).

Analysis, interpretation and critical evaluation of data, information and digital content.

Evaluation of data, information and digital content. It is very important that when we search for information on the internet we make sure that it is credible.

Digital devices and the internet are useful for:

- *Interacting with digital technologies:* we have a whole range of communication tools and it is very important to use the right one. For example: for a video call, we need an app that allows us to do this and an internet connection.
- *Sharing with technologies:* nowadays we can send and receive almost anything via digital tools and the internet, for example: we can send pictures, videos, addresses. An application that can help us is: Whatsapp web, for example
- *Engaging in citizenship with digital technologies:* participating in social life by using public and private digital services. The Internet allows us to search for information, buy the things we need, communicate with loved ones, search for people we haven't talked to for a long time, pay bills...etc.
- *Digital identity management:* creating and managing one or more digital identities, being able to protect your reputation, managing your own data, using different digital tools, media and services).
- *Content creation:* you can create texts, pictures, images, videos; you can also copy or enhance. There are certain applications where you can post messages and your virtual friends can see (for example Facebook)

Application

Trainers will explain to seniors how to search for an image on the internet and how to save it. In the later stage the seniors will do this themselves under the close supervision of the trainers. They can search for various images: nature, cities, cars, etc.



Chapter 3. Aspects to take into account

1. Problem solving: problems, difficulties and questions can arise when using digital tools and the internet. Through exploration and repetition these can be overcome.
2. Identifying technology needs and responses: it is very important to use the right digital device and the right applications according to your needs.
3. Creative use of digital technologies: they enable many things and there are diverse applications. For example for Android phones there is Google Play where you can find many apps.
4. Identifying digital skills gaps: it is important to know your skills and together as a group to help each other and take advantage of all the information that exists online.

PART 2

Chapter 1: The world at a touch away - Practical application for seniors

(research, communication, commerce, administration and lifestyle)

In this part the seniors will be grouped in teams of 3-4 people in a group. It is an exclusively practical section aimed at recapping information and practising it to support seniors in their familiarisation with the digital world. Teamwork also facilitates group communication and mutual support.

1.1. Smartphone without secrets

Practical application topics that seniors will practice under the supervision of trainers:

- Identifying the calendar and looking for important birth dates
- Setting an alarm
- Change the ringer volume
- Change the background image to one of a loved one
- Identifying the Google Play app
- Performing a calculation
- Adding a number to your calendar

1.2. Internet for all

- Searching for a newspaper online and opening an article
- Sending a message and making a call with a close relative
- Searching for a food item on the Internet
- Searching for an address on the net and a website where you can pay for administrative work (e.g. phone bill)
- Searching for images on Google and videos (also on Google)



DK



**Co-funded by
the European Union**

Erasmus+ Programme – Small-Scale Partnerships

Project: *“Senior in Digital Era”*

2021-2-RO01-KA210-ADU-000048477